

# Fruit Skewers

For enough to feed 6 you will need:

A selection of fruit, such as:

Apricots

Peaches

Strawberries

Mangoes

Plums

Bananas

Pineapple



Maple Syrup

6 Skewers

1 Foil Trays

1 Sharp knife

1 Chopping board

1 Basting Brush

1. Whichever combination of fruit you are using, ensure all are washed, de-seeded if needed and cut into cubes.
2. Thread alternate pieces of fruit onto the skewers.
3. Brush the fruit with a little maple syrup.
4. Place the skewers onto the foil tray so they are balanced on the side edges and place the trays onto your grill.
5. Cook, turning occasionally, until they are caramelised, about 3-5 minutes.